



# News & Views

Rush Presbyterian St. Luke's Nurses Alumni Association

Spring, 1991

## Dialing for Dollars

**O**n February 18 and 19, enthusiastic members of the Nurses Alumni Association Board, representatives from the Student Nurses Association and Dean Kathleen Andreoli gathered at the Medical Center for the *first* nursing phonathon. The response of the alumni to these calls was overwhelming, with 53 percent of those contacted pledging over \$2,700.

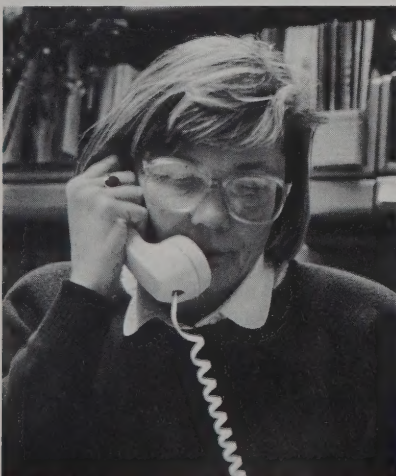
The money raised from the phonathon helps support the Nurses Alumni Fund, and makes it possible for the Nurses Alumni Association to purchase the nursing pins for the Class of 1991, pay for the production of *News and Views*, and provide student scholarships. Fourth-year student Koby Aylor, who is also president of the Student Nurses Association, enjoyed volunteering. "I felt I made a difference," she said. "I am grateful to the Nurses Alumni Association for purchasing my nursing pin and I am happy to help them raise money for such worthwhile activities."

Many of the NAA Board members also had the opportunity to connect with their former classmates and encourage them to attend the June 7 homecoming celebration. "I had a ball," commented **Inette Godman** (Pres.-St. Luke's '61). "I talked to some of my former classmates whom I haven't seen in 30 years. I hope they will all be able to come back for our 30th reunion in June."

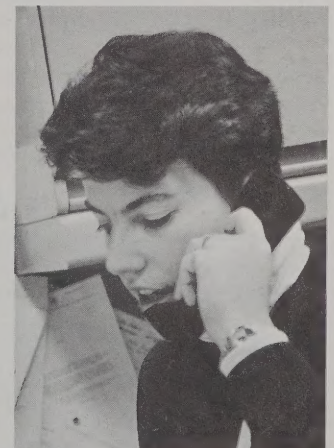
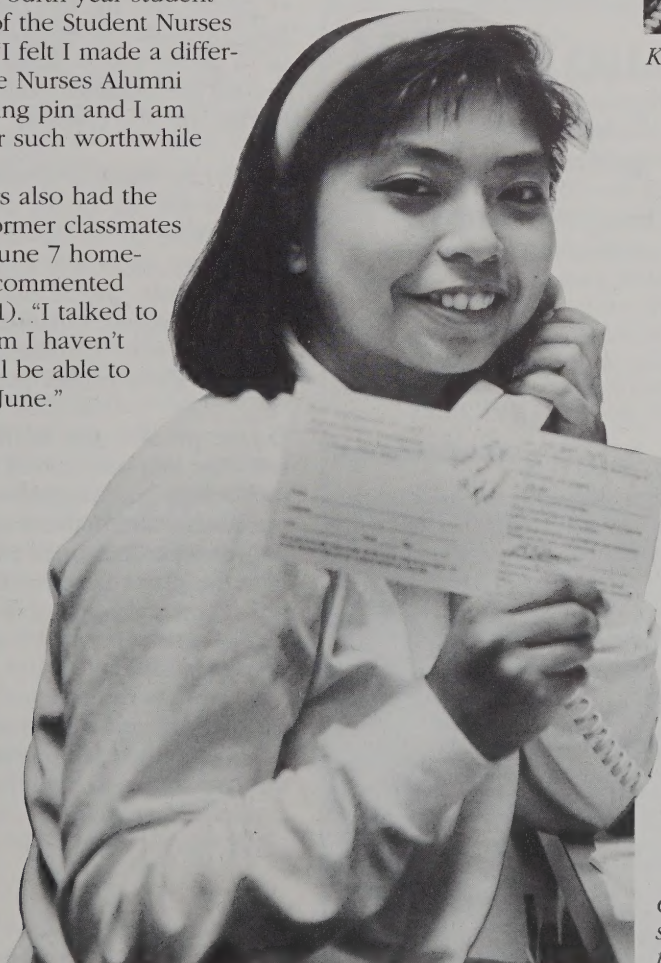
"I am glad so many of the alumni and students could join us for phoning," said NAA President **Martha Mills**. "What they are doing is so crucial to our success, and I am pleased there was such a favorable response to our calls."



*Kay Andreoli, D.S.N.*



*Karen Lamb, (Pres.-St. Luke's '67 and Rush '82)*



*Koby Aylor, N4*

*Gina Villanueva, N4, smiles as she holds up her first \$100 pledge.*



## From the Dean

### Kathleen Gainor Andreoli, D.S.N.

The spring of 1991 brings good tidings from the College of Nursing. To begin, in February we experienced a site visit by the National League for Nursing (NLN). I am pleased to announce that the visitors recommended to the Board of Reviewers of the NLN that the College of Nursing be reaccredited for the *full* period of eight years. Concomitantly, we received notice from the American Nurses Credentialing Center's Commission on Accreditation that the College was accredited as a provider of continuing education in nursing for the period of 1991 to 1997. These accomplishments are well deserved by our nationally renowned College and we are grateful to those who worked so hard to prepare the records, documents and itineraries for each of these visits. We are especially grateful to the faculty and students who are the reasons that the College succeeded on the basis of its merit.

I had the distinct pleasure of participating in two new alumni events — the NAA Phonathon (*see page 1*), and the Nurses Alumni Reception and Dialogue with the Dean (*see page 4*). Your feedback was invaluable! Many new ideas for programs were generated, which should give our alumni even stronger ties to their alma mater. We continue to actively seek your commitment, enthusiasm and support — together we can accomplish much!

New resources have come to the faculty during this period. Voice Mail has been exceptionally well received and its

benefits in improved communication are highly appreciated. Incrementally, we are adding computers to our armamentarium; this technology is an asset to our growing research agenda. Adding to our research productivity are two funded postdoctoral positions that have been approved for the research programs conducted by Dr. Carol Farran for the examination of dementia; specifically caregiver characteristics and need for services, and by Dr. Debbie Gross for maternal depression and early mother-child relationships. Finally, for the first time in the history of the College, Biomedical Research Support Grant (BRSG) funds were awarded to one of our faculty, Dr. Janice Podolski. She will use these funds to equip her laboratory for studies examining factors that promote cell movement in wound healing and tissue remodeling.

The College benefited from the leadership of Dr. Edythe Hough from January until June 1991. Dr. Hough accepted the position of Acting Associate Dean for Educational Programs for this period while a Search Committee pursues candidates for the position. In July, Dr. Hough will return to her post of Associate Vice President and Associate Dean for Nursing. If we have not identified a candidate for the Associate Dean for Educational Programs position in June, I will act in the post until the position is filled.

The College is enjoying a dramatic *increase* in applications at the prelicensure and graduate levels, as is the experience in Colleges of Nursing nationwide. This is a welcome turn of events. We are also pleased about the arrival of a new fund dedicated to evaluating the curriculum. This will permit us to gather and evaluate the data that can measure and predict performance outcomes of students. Other important studies are also possible.

Finally, the Medical Center has approved a generous salary increase for our faculty and this will permit us to remain competitive on the national market. We are actively recruiting faculty, especially those with experience and research track records. The Search Committees for the Chairperson of Medical Nursing, Chairperson of Psychiatric Nursing, and Independence Chair are still active. Indeed, we are looking for the highest caliber people to lead these departments.

On the practice side of the house, we are actively becoming involved in a new model for patient care delivery. New technology and multi-task personnel are being introduced to our health care delivery system and nursing is leading the experiment. Four units will begin the program this summer with the plan to eventually incorporate all the patient care units. This project is under the capable leadership of Dr. Ann Minnick. You will hear more about this in future communications.

To sum up, you should continue to be proud with the knowledge that *your* College of Nursing is making its mark on Rush, Chicago, and the country.

## News & Views

"News and Views" is a semi-annual publication of the **Rush Presbyterian St. Luke's Nurses Alumni Association.**

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"News and Views" is published by the Office of Philanthropy and Communication  
for alumni, staff, students and friends of the Rush University College of Nursing.



## From the Association President

### Martha J. Mills, M.S., R.N. Presbyterian-St. Luke's '65

**I**t was just great talking with those of you who we were able to reach during our first phonathon, where board members, friends of the board, and nursing students reached out to alumni throughout the United States. Some of you may have been surprised when you answered your phone to hear—this is Kay Andreoli, Dean of Rush College of Nursing! Alumni responded to the telephone appeal in a most wonderful way, and we truly appreciate your response. Because payment of dues is no longer required for membership in the Nurses Alumni Association, we depend solely on voluntary contributions to fulfill our commitment of providing scholarships and interest free loans to students and alumni.

The newly elected board will be working to bring you more alumni programs and an expanded volunteer network. We plan to move quickly to initiate these programs, and to offer more educational seminars and social gatherings to our alumni. In addition, I believe it is necessary to increase our involvement with the students so that we can integrate them as soon as possible into the Association. One way this can be done is through the establishment of a mentoring program, where the students are paired with alumni who they can call upon for professional advice.

You should have already received a letter outlining the schedule for our annual homecoming celebration, and I encourage your participation and support! We've changed the location of this year's banquet to Chicago's Hotel InterContinental, and I am confident that you will be impressed with the facilities and location. When we confirm your reservation, we also will be sending you information concerning what is going on in Chicago during that week-end. In order to provide this service to you, we ask that you send us your reservation form as soon as possible.

You may also be interested to know that **Fred Brown** (Rush '89), one of our newly elected NAA board members, was actively participating in Operation Desert Storm at the time of his election. We look forward to his safe return. Also, on behalf of the Board of Directors, I would like to express a special word of appreciation to the Alumni Relations Office for their support and assistance, and especially to Michelle Kois, who has been an invaluable addition. A very special thank you, Michelle.

We do appreciate each one of you. Please keep those cards and letters coming. **Hope to see you in June!**

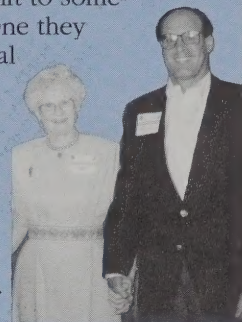
## A Gift That Lasts a Lifetime

**H**ave you ever wanted to give a gift to someone that would last a lifetime? One they never would forget? That was the goal of A. Clyde and **Mae B. Freeland's** four sons when wanting to recognize their parents' 50th anniversary in 1987. After contacting the office of Philanthropy and Communication at Rush, the Freeland children decided to honor their parents by establishing the **A. Clyde and Mae B. Freeland Endowed Scholarship**.

Mae Freeland, a 1933 graduate of the St. Luke's Hospital Training School of Nurses, said the gift came as a complete surprise. "I was very touched," she said. "Nothing could have meant as much to us as this did."

Mae looks back fondly on her years as a nurse, and is happy that her sons' thoughtfulness will assist others in their pursuit of this same career.

*If you are interested in honoring someone in this special way, please contact the alumni relations office at (312) 942-7199.*



**Mae Freeland** and one of her four sons, **Richard**.

## Mark Your Calendar!

### 7 Friday, June 7, 1991 Homecoming

#### *At the Medical Center*

##### **Alumni Tours of the Medical Center**

4th Floor, Atrium Building  
1650 West Harrison Street  
1:00 - 3:00 p.m.

##### **Alumni Tea**

Room 500, Professional Building  
1725 West Harrison Street  
3:00 - 5:00 p.m.

#### *At the Hotel InterContinental*

##### **Social Hour**

Spanish Court and Toledo Room  
Hotel InterContinental  
505 North Michigan Avenue  
6:00 p.m.

##### **Annual Meeting and Banquet**

Renaissance Room  
Hotel InterContinental  
7:00 p.m.  
Cost: \$40

Since we will be unable to accept reservations at the door, **we must receive your banquet confirmation no later than May 24, 1991.** Please send your check, payable to the Nurses Alumni Association, to RPSLNAA, P.O. Box 4562, Chicago, Illinois 60680.

For more information, contact Martha Mills at (708) 325-0875, or Michelle Kois in the alumni office at (312) 942-7199. **Hope to see you on June 7.**



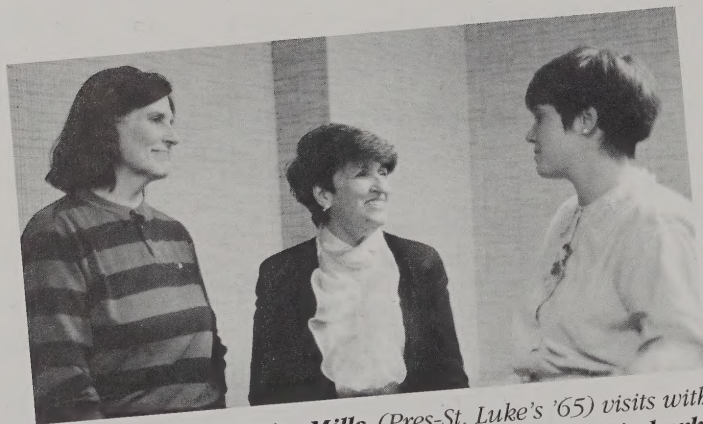
Proving that socializing after work **can** be fun are 5 Kellogg nurses (left to right) **Mechelle Lytle** (Rush '88), **Mary Saba** (Rush '81 and '89), and **Meg Leahey** (Rush '84).

## Reception Highlights Alumni Programming

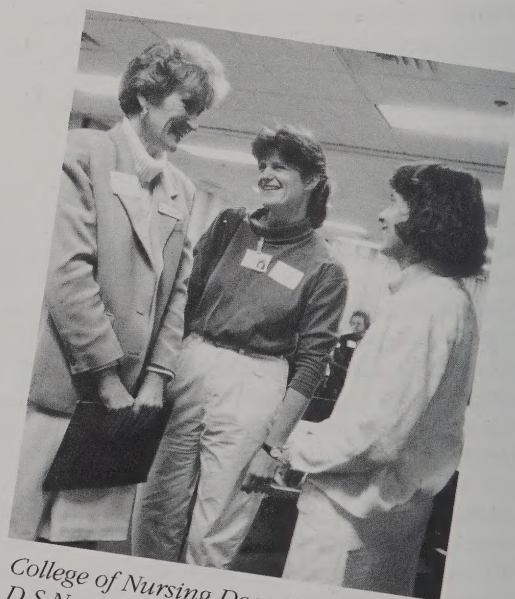
**W**ould you like to get together with your fellow alumni to see "The Phantom of the Opera?" How do you feel about mentoring an incoming nursing student? Does participating in alumni phonathons appeal to you?

These were just a few of the questions asked at the January 31 Nurses Alumni Reception and Dialogue with the Dean of the College of Nursing. This event was held to bring NAA members who also work at Rush together to discuss alumni activities. Those in attendance had many excellent ideas about alumni programming, and the board plans to act on these suggestions by initiating more social, educational and student-related activities in the future.

"This reception was a great way to get some of our alumni together to talk about what they want from the organization," said NAA President **Martha Mills**. "In the future, we plan to hold similar events and expand them to include other groups."



NAA President **Martha Mills** (Pres-St. Luke's '65) visits with (left) **Carolyn Helf** (Pres. '57 and Rush '87) and **Kimberly Roban** (Rush '84), who were recently elected to the NAA nominations committee.



College of Nursing Dean **Kay Andreoli**, D.S.N., greets (center) **Marsha Murphy** (Rush '80), and **Susan Larson** (Rush '80), who both work on 8 South in medical nursing.

## Nursing Alumni Philanthropy

Giving for nursing programs in the first six months of the 1990-91 fiscal year totaled \$32,383—including \$24,323 from 242 nursing alumni. Gifts were allocated as follows:

- **\$21,270** For the Golden Lamp Society
- **\$8,082** For Nursing Student Assistance, including the **Ruth E. Johnsen** Memorial Student Loan, and the **Ruth E. Schmidt** Endowment Fund for Nursing Education
- **\$3,031** For the Nurses Alumni Fund

## Golden Lamp Society Update

The next annual luncheon meeting of the Golden Lamp Society is scheduled for Thursday, June 6, at 11:30 a.m. in the Claude H. Searle, M.D., Conference Center. This 8th annual meeting, chaired by Janet S. Moore, Ph.D., R.N., will feature **Maureen Shekleton, D.N.Sc.** (Rush '82) as the keynote speaker. Maureen is an assistant professor at the University of Illinois,

and is also president of the Illinois Nurses Association. An overview of the Medical Center will be given by Donald R. Oder, Senior Vice President and Chief Operating Officer, and Dean Andreoli will update Society members on the College of Nursing. Barbara Swanson, the 1990 Golden Lamp Society Scholar, will also give a presentation on her doctoral research.

A highlight of the annual meeting is the awards presentation, where the recipients of the Golden Lamp Society Doctoral Scholarship Award and the second **Ruth E. Schmidt** Award for Nursing Education will be announced. An informative program is anticipated, and we hope many members will be able to attend.

The Golden Lamp Society is comprised of alumni, faculty and friends of nursing who support the College with annual unrestricted gifts of \$200 or more. Giving to the Golden Lamp Society in the first six months of the 1990-91 fiscal year totaled \$21,270.

*Please use the enclosed postage paid envelope if you have not yet made your gift to the Golden Lamp Society, or should you wish to do more for nursing before the end of the fiscal year on June 30, 1991. Your support is encouraged and appreciated.*



## Ice Cream Social Features Delicious Treats

*I scream, you scream, we all scream for ICE CREAM!*

That's what the students of Rush University were singing as they made their way to the Schwegle auditorium for the March 7 Ice Cream Social sponsored by the Nurses Alumni Association. Those who stopped in were treated to a variety of ice creams and a multitude of tasty toppings. Although it wasn't very hot outside, everyone enjoyed their cool, refreshing treat!



Nursing alumni volunteer **Eileen Glynn** (Rush '89) squirts whipped cream on third-year nursing student Eileen Sullivan's sundae, as classmate Jennifer Klie anticipates eating her delectable concoction.



Nursing students cannot live by bread alone! Pictured are (front row, left to right) Linda Chmielewski, Angela Frederick; (back row, left to right) Rebecca Nichols and Antoinette Moses.



During her November retirement party, **Esther Alfirevic, R.N.** (Presbyterian '54), right, a staff nurse for 33 years at Presbyterian-St. Luke's Hospital, shares a laugh with **Kristine Rossof, R.N.** (Pres.-St. Luke's '68), head nurse, 3 Kellogg. "Caring and commitment sum up Esther's work here," says Kris, who worked with Esther for 21 years. "She has been an influential and sincere colleague and friend. She also made a profound difference in patients' lives and is a true tribute to the art of nursing. We'll all miss her."

## In Memoriam

The Alumni Office has been informed of the deaths of the following graduates. We extend sympathy to their surviving families and friends.

### St. Luke's

**Virginia Clemens Hallberg, '30**, of Joliet, Illinois, died November 21, 1990 at the age of 81.

**Viola Heikkinen Goode, '32**, of Escanaba, Michigan, died on September 6, 1990.

**Kathryn Leigh Hollister, '47**, of Holladay, Utah, died on November 26, 1990 at the age of 63.

### Presbyterian

**Catherine "Kay" Amari Rogers, '46**, died May 20, 1989.

**Edith Klatte Zenos, '46**, died September 25, 1990.

**Jean McIntyre Camp, '46**, died in 1989.

### Presbyterian-St. Luke's

**Esther Dostall, '68**, of Tucson, Arizona, died on November 27, 1990 at age 50.

**Judy Gibson Urban, '67**, died on March 24, 1991.



## Class Notes

### 1930

(St. Luke's) — **Marjorie D. Fred** and classmate **Ruth (Kelley) Rocky**, both of Rochester, Indiana, have remained close friends for 60-plus years! They were room-mates during their three years of training at St. Luke's, and still attend District 15 (Indiana) nurses' meetings together. Marjorie also provided an update on another Rochester resident — **Henrietta (Brubaker) Ferguson** (St. Luke's '28). Henrietta was the Fulton County health and school nurse for 30 years.

### 1931

(St. Luke's) — After graduating from St. Luke's, **Helen Wilson** continued her education. She earned a B.S. at St. Bonaventure in New York, and graduated with an M.S.S. from the Smith College School of Social Work in 1951. For 25-plus years, Helen worked in psychiatric social service at a VA hospital in Roanoke, Virginia until retirement at age 65. "A very satisfying career," she writes.

### 1932

(St. Luke's) — **Stella Engel New** and her husband, Edward, celebrated their 56th wedding anniversary in June. The couple, who are "well, and up and about," have lived in Oak Brook, Illinois since 1947.

### 1945B

(St. Luke's) — St. Luke's '45B alumni recently gathered in the San Francisco, Oakland Bay area to celebrate over 45 years of special friendship and togetherness. **Mary Jane Barclay Judd** writes that the group — which included **Alice Keister Bush, Jeanne Disosway Guy, Arlene Haigh Aikens** and **Ann Evans Shepherd** — enjoyed their nursing careers and share fond remembrances of St. Luke's. Now retired, they hold these spontaneous mini reunions to "catch up" on each other's lives and to share pictures of their grandchildren! Other 1945B's are welcome!

### 1950

(Presbyterian) — After 41 years of service in the special care nursery at Presbyterian-St. Luke's Hospital, **Ruth Rinne** retired in early February.

### 1955

(Presbyterian) — A professor emeritus from California State University, Sacramento since 1982, **Vera J. Koehler** recalls teaching nursing fundamentals there in 1959, when the program was just one-year-old. She is busy in retirement; works part-time at the local SNF, and currently chairs the Grass Valley (CA) Personnel Commission in her hometown. Vera would love to hear from her classmates!

## 1960

(Pres.-St. Luke's) — After 32 years of not seeing one another, **Catherine Thomson** was pleasantly surprised when she bumped into **Carol Sedgewick** (St. Luke's '58), in Denver. The two friends are now sharing Catherine's home in Longmont, Colorado.

## 1963

(Pres.-St. Luke's) — **Jo Ann Byers Doan** completed an M.S.N. degree from the University of Kansas in 1990. She is currently an assistant professor of nursing at Fort Hays State University in Hays, Kansas. She instructs both in the classroom and practicum setting in the area of critical care nursing. Jo Ann is also the faculty advisor for the Fort Hays Nursing Honor Society, and was recently honored by the Kansas State Nurses' Association for having the most continuing education hours in the state

## 1965

(Pres.-St. Luke's) — After 25 years, **Ingrid Forsberg** still values her excellent training and writes that she is proud to be a Pres.-St. Luke's graduate. Ingrid subsequently obtained a B.S. and an M.S.N. from the University of Illinois and is currently completing her doctorate in public health. She jokes that her husband and two sons (age 11 and 9) hope she stops studying *soon* and gets a real job! Ingrid's area of interest is adult day care.

(Pres.-St. Luke's) — A poster co-authored by **Nancy Mills** was accepted for presentation in Stockholm, Sweden in late May. The poster depicts 18 patients, from four months of age to 13 years, who were evaluated for craniofacial anomalies. The poster looks at the similarities and differences of 3D CT images and MRI and concludes that intracranial abnormalities were best seen on MRI. Three dimensional CT images were found to be very valuable in initial evaluation as well as for preoperative surgical planning and postoperative evaluation.

## 1966

(Pres.-St. Luke's) — **Mary Ann Hamilton-Peterson**, of Bourbonnais, Illinois, works part-time at St. Mary's Hospital in Kankakee. She and her husband, Jon, have three children, one of whom is a nursing student at Boston College. Mary Ann earned a B.S.N. in December 1990.

## 1967

(Pres.-St. Luke's) — After practicing nursing for 20 years, **Dorthyanne Barry's** career took a different route. She moved from Des Plaines to Fayetteville, Arkansas, and attended the University of Arkansas where she earned a juris doctor in May 1990. She subsequently established a solo law practice and continues to work on a critical care unit.

(Pres.-St. Luke's) — In October 1990, **Ronald Inskip** was elected director-at-large of the New York State Nurses Association. He recently completed a term as president of the Nurses Association of Westchester County. Ron and his wife, Judith, live in White Plains, New York.

(Pres.-St. Luke's) — After a 21-year absence from nursing in order to raise a family, **Pat Silski Gorski** is currently enrolled in a nursing refresher course. The Oak Brook, Illinois resident has three children, two of whom must have inherited an interest in health care from their mother. One

daughter is a medical student, another daughter is in nursing school and her son is a high school student.

## 1979

(B.S.) — **Sheila McKeone Parsons** recently toured psychiatric hospitals and learned about nursing education in China with People to People, a division of the Citizen Ambassador Program. Sheila manages a utilization review firm's regional office in Atlanta, Georgia.

## 1981

(M.S.) — After earning a Ph.D. in nursing from the University of Illinois at Chicago in 1990, **Barbara Conrad** joined the nursing staff of Rush University. Barbara is a practitioner teacher in the Department of Maternal-Child Nursing, with an emphasis in special care.

(M.S.) — **Vicki Lynn Ellis Witmer** is NAACOG certified as an ob/gyne nurse practitioner. She practices part time in order to balance her profession with marriage and parenting a four-year-old son and infant daughter. The Witmer's live in Du Bois, Pennsylvania.

## 1982

(B.S.) — A resident of Hinsdale, Illinois, **Mary Beth Claffy Tamm** recently completed a Master of Science degree in gerontological nursing from Northern Illinois University.

## 1986

(B.S.) — **Jane Kiliam** recently completed an M.S. in nursing administration at the University of Illinois at Chicago. In November 1990, she was appointed unit leader of the merged General Pediatrics Unit at Presbyterian-St. Luke's Hospital. Jane has been associated with Rush since 1982 where her positions included assistant head nurse and acting head nurse of the Infants and Children's Unit, and program director of Per Diem Nursing.

## 1988

(B.S. and M.S. '89) — **Sandra M. Heileman** is an oncology clinical nurse specialist at Holy Family Hospital in Des Plaines, Illinois. She was recently elected treasurer of the Chicago chapter of the Society of Otolaryngology and Head and Neck Nurses. Sandra also keeps busy with doctoral study and fulfilling her duties as a CPR instructor.

### Tell My Classmates . . .

We're eager to hear about you! Please mail any "news" — personal and professional — to "**News and Views**" c/o the Nurses Alumni Association, Rush-Presbyterian-St. Luke's Medical Center, 1700 W. Van Buren, #250, Chicago, Illinois 60612, Attention: Barbara Harfmann, Class Notes Editor.

**Please print or write legibly!**

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☐ Presbyterian   ☐ St. Luke's   ☐ Pres.-St. Luke's   ☐ Rush  
Signature \_\_\_\_\_ Class of \_\_\_\_\_  
Spring 1991



## Updates from the College of Nursing

Three site visitors from the National League for Nursing visited the College of Nursing in February, and recommended that the College be reaccredited for eight more years.

**Carol Farran, D.N.Sc., R.N.** (Rush '85), associate professor, Rush College of Nursing, and Joan LeSage Ph.D., R.N., chairperson, Department of Gerontological Nursing and professor, Rush College of Nursing, attended the Gerontological Society of America (GSA) Conference in Boston last November. Dr. Farran presented "A Qualitative Study of Caregivers of Persons with Dementia: Finding Meaning through Caregiving," and Dr. LeSage was a convener for the Nursing Care of Older Adults Interest Group. The GSA seeks to advance knowledge of the needs of older adults, to support research in aging, and to enhance dissemination of effective nursing interventions in the care of older adults.

**Joan Nelson, M.S.N.** (St. Luke's '53), OR/Surgical nursing, was elected president of the Association of Operating Room Nurses (ARON), Chicago chapter.

Two nursing units at Rush, 7N and 7S Atrium, will participate in the national AIDS nursing study entitled "AIDS Care: Nurse Retention and Patient Satisfaction." This multi-institutional study is funded through the National Center for Nursing Research under the direction of Dr. Linda Aiken. The study will examine factors influencing nurse retention and compare two models of care for hospitalized AIDS patients—a dedicated area vs. general nursing unit. Diana Mixon M.S., R.N., **Helen Shidler M.S., R.N.** (Rush '81), and Renee Cary B.S.N., R.N., are directing the data collection at Rush.

**Barbara Conrad, Ph.D., R.N.** (Rush '81), maternal-child nursing, Lou Fogg, Ph.D., and **Deborah Gross, D.N.Sc., R.N.** (Rush '83), psychiatric nursing, presented: "Validating the toddler care questionnaire as a measure of maternal self-efficacy," at the National Conference on Instruments in Nursing, University of Arizona, Tucson.

**Joseph Zbilut, D.N.Sc., Ph.D., R.N.** (Rush '84 and '87),

OR/surgical nursing; Joseph Briller, M.D., and Norman Weinstein, M.D., University of Chicago; and **William Wiessner, M.S.** (Rush '89), Rush University presented: "Use of a power law scaling relationship to analyze signal averaged ECC's," at the Society for Industrial and Applied Mathematics annual convention, Chicago.

Several staff nurses were called up to active duty as a result of Operation Desert Storm. Although we do not know where all the nurses went, **Fred Brown** (Rush '89) traveled to Saudi Arabia, and Sheila Rashid and Jane Hagele went to Germany. Two College of Nursing students, Pat Moss and Michael Workman, also served.



College of Nursing Dean **Kathleen Andreoli, D.S.N.**, congratulates **Jane Ulsafer-Van Lanen, M.S., R.N.**, (center) acting chairperson, psychiatric nursing, for winning the Facilitator Award, which recognizes a colleague who successfully augments and strengthens a positive, professional work environment. **Charlene Thomas, M.S., R.N.**, (left) assistant chairperson for education, OR/surgical nursing, was chairperson of the six-member awards committee. Not pictured is **Kathleen Heneghan, M.S., R.N.**, teacher/practitioner, maternal-child nursing, who won the Educator Award for excellence in teaching. The first annual Faculty Awards were conferred at the faculty dinner on November 7 at the Chicago Yacht Club.

### Rush Presbyterian St. Luke's Nurses Alumni Association

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# News & Views

Rush Presbyterian St. Luke's Nurses Alumni Association

Fall, 1991

## Keithley Receives Top Alumni Honor

Conscientious, dedicated, enthusiastic and hard working describe **Joyce K. Keithley, D.N.Sc., F.A.A.N.** (Rush '80), who was selected as the 1991 Distinguished Alumna of the Rush Presbyterian St. Luke's Nurses Alumni Association.

The first graduate of Rush's D.N.Sc. program, Dr. Keithley is a nationally renowned expert for her clinical studies on nutrition in surgical patients. She is professor and chairperson in the Department of Operating Room and Surgical Nursing at Rush.

Among her many honors, Dr. Keithley recently received the 1991 Adria Laboratories Excellence in Publication Award for Clinical Practice for an article she co-authored, "Managing Nutritional Problems in People with AIDS." In addition, she is a member of Sigma Theta Tau, the American Nurse's Association and the American Academy of Nursing.

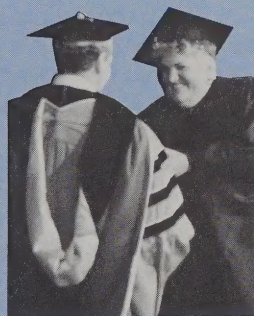
Upon hearing of her selection as the 1991 Distinguished Alumna, Dr. Keithley remarked, "With so many of our alums doing such wonderful things in the field of nursing, I am touched and truly honored to be recognized with this award."

If you know of someone whom you would like to nominate for the 1992 Distinguished Alumna Award, please use the enclosed form. The awards committee will be accepting nominations until January 15, 1992.



*During the June 7 alumni banquet, **Martha J. Mills**, president, Nurses Alumni Association, presents **Joyce K. Keithley** (Rush '80), with the Distinguished Alumna Award.*

## An Extraordinary Graduate



***Donna Cox-Rodriguez** (Rush '91), beams as she accepts her diploma from **Leo M. Henikoff, M.D.**, president and chief executive officer of Rush-Presbyterian-St. Luke's Medical Center.*

Among the 148 students who received nursing degrees at the June 8 commencement was an especially motivated graduate — **Donna Cox-Rodriguez** (Rush '91). Donna, 41, was raised in an alcoholic home and left school after eighth grade to become a waitress. She continued to wait tables while raising her four children, but had to quit when the health needs of her family became too great. Urged by her husband, Merci, she got her GED in the early 1980s, and earned an associate's degree with high honors from Daley College.

Donna decided to enter nursing in 1988 after a bout with cervical cancer. "When I was sick, I was fortunate to have been cared for by some wonderful nurses. Their dedication and compassion made me realize that I wanted to help others in the same way," she says.

One only needs to meet Donna to realize she is a natural for nursing, and this talent was recognized and rewarded while she was still a student. In 1990, she was the recipient of the Gerontological Nursing Award, and in 1991, was honored with the Writing Award from the College of Nursing. Donna will begin work on her doctor of nursing (N.D.) degree in January. A staff nurse in Rush's Department of Gerontology, Donna hopes to eventually work with the American Indians.

To say that Donna is pleased with her new career is an understatement. "I just love it," she says. "Everyone is so great. It's such a pleasure to work with a group of nurses who are compassionate, competent and dedicated, and I am so happy to be here."



## From the Dean

### Kathleen Gainor Andreoli, D.S.N.

Since our last communication, the College of Nursing added 148 graduates to the nurse work force. A breakdown of our June graduates: 77 baccalaureate, 51 master of science, 6 doctor of nursing, 14 doctor of nursing science and 24 Graduate Entry Level B.S. The major change from last year is the increased number of doctor of nursing graduates from one to six. The total number of graduates from the College of Nursing now stands at 2,667 and, when added to the alumni of St. Luke's Hospital Training School of Nursing, Presbyterian Hospital School of Nursing and Presbyterian-St. Luke's Hospital School of Nursing, Rush nursing alumni number approximately 4,500. Ours is the largest nurses alumni association in the country.

As you know, the June commencement exercises occur during alumni homecoming week. What a great week it was this year! The alumni festivities, including the breakfast for the new graduates, the tea, and the banquet, were well attended and enjoyable.

The new graduates received their pins as gifts from the Alumni Association at the pinning and awards ceremony which, this year for the first time, was produced as a singular event for nursing. In prior years, the awards ceremony was a shared event with medicine, allied health, and the graduate school. Our own convocation was so well received by students, faculty, families and friends that we have decided to make this an annual event.

Classes resumed on September 16, and for the first time, the College hosted a well-attended ice cream social. Again this year we are enjoying an increasing enrollment with 218 students as compared to last year's 198 students. The most

dramatic growth in the degree programs occurs in the Graduate Entry Level program, growing from 33 in 1990 to 56 admissions in 1991. We are also pleased to note the continued success of our N.D. program with 26 new admissions.

I am pleased to note several accolades have been conferred upon our faculty. Three of our colleagues have been admitted to the prestigious Academy of Nursing: namely, Dr. Mildred Kemp, associate professor, Department of OR and Surgical Nursing; Dr. Edythe Hough, professor and associate vice president and associate dean for nursing affairs; and Dr. Kathy Christiansen, assistant professor and administrator of Rush Home Health Service. Added to these honors, two of our faculty have been funded generously in support of their research. Dr. Marion Broome, associate professor, Department of Maternal/Child Nursing, received a \$280,000 grant from the American Cancer Society to study pain management in pediatric oncology patients. Dr. Ann Minnick, professor and director, Nursing Service Research and Support, is studying patient care indicators across 15 Chicago-area hospitals thanks to a \$545,000 grant from the Picker/Commonwealth Fund. Finally, the Nurse Anesthesia Program received full reaccreditation for the next six years.

This fall marks the birth of the first 5-10 year Strategic Plan for the Division of Nursing. This "blueprint" has been a year in the making and has received input from all levels. This plan is an indication of our ambitious mission to maintain nursing practice that is responsive to health care demands, to impart relevant knowledge to our students, to create new knowledge for the improvement of practice and to contribute significantly to the professional and health care organizations.

On the hospital side of the house, we saw the opening of the new coronary care unit and step-down unit on 2 Pavilion this past summer. Under the capable leadership of Joanne Garcia, M.S., R.N., Unit Leader; Leslie Albrecht, M.S., R.N.; and Marcia Pencak Murphy, M.S., R.N.; Assistant Unit Leaders, these critical care units are thriving and preparing for the addition of the adjoining Medical Intensive Care Unit on 2 Kellogg later this year.

The new patient care delivery model continues to be implemented. The complete model unit, with technological and organizational changes, will be 8 North Atrium, orthopedics. Complementary model units are 8 Kellogg, GYN and general surgery; 7 South Atrium, general medicine; and 3 Pavilion, neurology. The nursing leadership in this initiative has been impressive. A future message will address the impact of this model with respect to patient satisfaction, cost, quality, nursing workload and nursing satisfaction.

So, as you can see, the nursing enterprise at Rush goes on. You have every reason to be proud.

## News & Views

"News and Views" is a semi-annual publication of the **Rush Presbyterian St. Luke's Nurses Alumni Association.**

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## Mark Your Calendar!

# 12

Friday, June 12, 1992

## Homecoming '92

Please mark your calendar for Friday, June 12, 1992, the date of our Annual Homecoming Banquet, to be held at Chicago's Hotel InterContinental. Look for more information in the Spring issue of *News and Views*.



## From the Association President

### Martha J. Mills, M.S., R.N. Presbyterian-St. Luke's '65

The past few months have been busy and exciting for our Alumni Association. We had the honor of welcoming Leo M. Henikoff, M.D., president and chief executive officer of Rush-Presbyterian-St. Luke's Medical Center, to our September 9 Board Meeting. Dr. Henikoff shared with us some very exciting plans for the future of the Medical Center, which we will be outlining for you in upcoming issues of *News and Views*. It was wonderful to hear from Dr. Henikoff, and I know the Board shares my sentiments.

It was such a pleasure to see so many of you at our recent homecoming festivities on June 7. I am still receiving letters from many of you expressing what a great time you had! My special thanks to those classes who made gifts to the alumni association in honor of their anniversaries. Your thoughtfulness is greatly appreciated.

I'd like to thank Dr. Andreoli and the College of Nursing for hosting the lovely tea on Friday afternoon. This year, we were treated to a special historical display which included a beautiful place setting of St. Luke's Hospital china, recently donated to the Medical Center by **Ruby Crocker** (St. Luke's '32). Also on display was a plaque honoring Edith D. Payne, who was Director of the Presbyterian-St. Luke's Hospital School of Nursing from

1957 to 1968. I am happy to report that this plaque has found a permanent home in the Rare Book Room of the Medical Center.

Twenty-nine members from the class of 1941 were our special guests at the Homecoming banquet, held at the Hotel InterContinental. At the banquet, I had the honor of recognizing our 1991 Distinguished Alumna — **Joyce K. Keithley, D.N.Sc., F.A.A.N.** (Rush '80). Joyce was chosen based on her proficiency of practice, leadership participation in professional organizations, recognition for nursing activities, writing, speaking, publishing and research. Congratulations, Joyce, on your fine award.

I also attended the first College of Nursing Awards Convocation to present Alumni Awards to four very talented students. **Peggy Gerard** and **Karen Lamb** were the graduate recipients, and **Laura Anderson** and **Janet Mays** were chosen as the prelicensure students. The class of 1991 also received their pins at this convocation, which were a gift from the nurses alumni association.

I have good news for those of you who wish to replace your St. Luke's, Presbyterian or Presbyterian-St. Luke's pin. We are currently investigating the possibility of producing the molds that will make ordering these pins possible. Look for more information about this and how you can order a pin in upcoming issues of *News and Views*.

It is encouraging to report that giving from nursing alumni in the 1990-91 fiscal year totaled over \$43,000. Thanks to everyone who made this possible. Your support is so important to us in offering scholarships, alumni programs and publications like *News and Views*. We will soon be kicking off our 1991-92 fund drive, and ask you to again be generous.

Lastly, it's hard to believe that we are into the fall season and that the holidays will soon be here. Let me take this opportunity to wish each of you a blessed, joyous, holiday season.

## Hats Off to Our Alumni!

Over 400 nursing alumni participated in the 1990-91 fundraising appeal — more than ever before. The results were spectacular! Over \$56,000 was contributed to benefit nursing at Rush, including \$43,259 from nursing alumni. From our phonathon volunteers to those who made a gift, our sincere thanks. We couldn't have done it without you!

Giving was allocated as follows:

- \$30,470 To the Golden Lamp Society
- \$18,397 To Nursing Student Assistance, including the **Ruth E. Johnsen** Memorial Student Loan, the **Ruth E. Schmidt** Endowment Fund for Nursing Education and the A. Clyde and **Mae B. Freeland** Endowed Scholarship
- \$7,433 To the Nurses Alumni Fund

*We will kick-off our 1991-92 fund drive in the next few weeks. When you are contacted, please be generous.*



Overcome with happiness, **Karen Moore** (Rush '91), celebrates her achievement.

## Homecoming 1991:

### *"A Ton of Fun"*

Over 200 nursing alumni had a "ton of fun" during Homecoming '91! The festivities began on Thursday, June 6, with the seventh annual luncheon and meeting of the Golden Lamp Society. Society chairperson, Janet S. Moore, M.S.N., Ph.D., welcomed six new members, and announced that giving to the Society for 1990-91 exceeded \$30,000. She also presented the Golden Lamp Doctoral Scholarship to Meredith McCord and the **Ruth E. Schmidt** Award for Nursing Education to **Kelly Salata** (Rush '91).

On Friday, June 7, alumni had the chance to see their classmates and renew old friendships. The festivities included tours of the Medical Center and the traditional alumni tea hosted by the College of Nursing. Later that evening, the alumni joined together and honored the Class of 1941 at the annual Homecoming banquet held at the Hotel InterContinental. The classes of 1946, 1951, 1956, 1961 and 1966 were also recognized. The festivities were capped off the next day, with the 19th Commencement of Rush University, where 148 nursing degrees were conferred.



College of Nursing dean Kay Andreoli and Nursing Leadership Committee members Becky D'Angelo (left) and Joan Hall at the Golden Lamp Society luncheon.





## Nomination

I would like the awards committee to consider the following candidate:

Nominee

(Address)

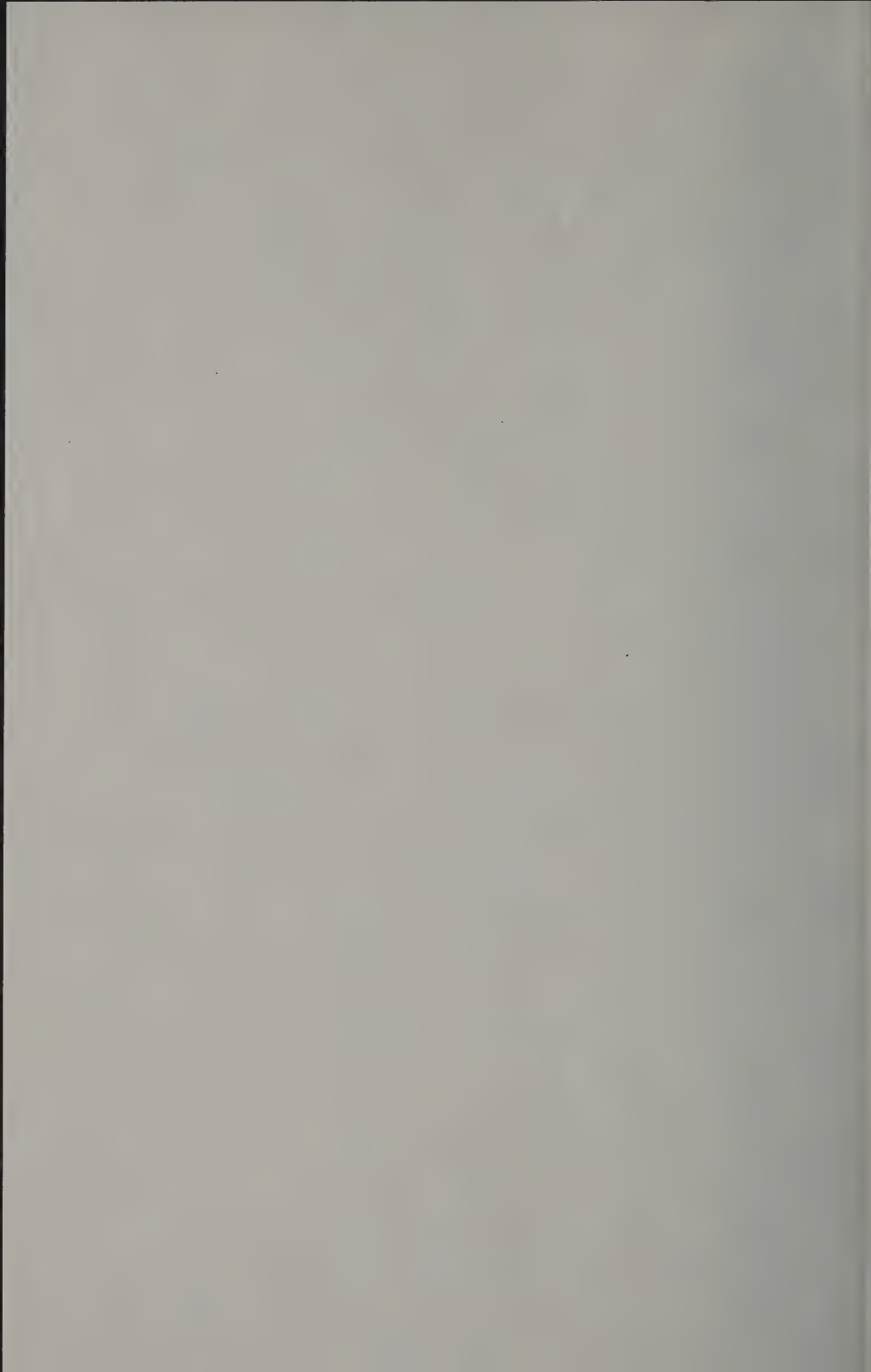
(City)

(State)

(Zip)

Daytime Phone:

( )





Brief rationale for nomination (attach additional pages if necessary):

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Deadline for nomination is January 15,  
1992. If possible, send a curriculum vitae  
along with your nomination to:

RPST Nurses Alumni Association  
Board of Directors/Awards Committee  
P.O. Box 4562  
Chicago, Illinois 60680



The 1991 Golden Lamp Society Doctoral Scholarship recipient **Meredith McCord** (right) poses with last year's recipient, **Barbara Swanson**. This award will allow Meredith to continue her research on breathing patterns of individuals with chronic-obstructive pulmonary disease.



**Ruth Schmidt** (Pres. '34) and the recipient of the award named in her honor — **Kelly Salata** (Rush '91).



Alumni Association board members gather for a group photo. (First row, left to right) **Cathleen Cregier** (Rush '87), **Judith Dombrow** (Pres.-St. Luke's '61), **Martha J. Mills** (Pres.-St. Luke's '65), **Karen Lamb** (Pres.-St. Luke's '67, Rush '82 and '91), **Ruth E. Schmidt** (Pres. '34); (second row, left to right) **Nancy Mills** (Pres.-St. Luke's '65), **Joan Nelson** (St. Luke's '53), **Greg Klebe** (Rush '80), and **Inette Godman** (Pres.-St. Luke's '61).



**Leo M. Henikoff, M.D.**, president and chief executive officer of Rush-Presbyterian-St. Luke's Medical Center, poses for a picture with (from left to right) **Helen O'Brien** (Pres. '25) and **Janice Lambert** (St. Luke's '24).



**Karen Lamb** (Pres.-St. Luke's '67, Rush '82 and '91), proudly shows her alumni award to **Nancy Davis** (Rush '89), and her mother **Bonnie Van Dyke**.

Holding the St. Luke's 1941 class photo, **Wanda Strandmark** (St. Luke's '41) asks **LaVerne Howard** (St. Luke's '41), did we really look like that?

## In Memoriam

The Alumni Office has been informed of the deaths of the following graduates. We extend sympathy to their families and friends.

### St. Luke's

**Marie Sutter Utegaard, '32**, of Eau Claire, Wisconsin, in May, 1990.

**Peggy Saxe Eggleston, '40A**, of Scottsdale, Arizona, May 28, 1991.

**Dorothy Ramsdell Crete, '41**, of Rockford, Illinois, July 17, 1990.

**Zella Messner, '41**, of Brookings, South Dakota, in the fall of 1989.

**Faith Hartley Havard, '44**, of Nevada City, Nevada, May 11, 1991.

**Florence Wolf Traficante, '47A**, of San Antonio, Texas, February 23, 1991.

**Patricia H. Kaczorowski, '56**, of Marshfield, Massachusetts, in April, 1991.

### Presbyterian

**Mary Lovejoy Skinner, '19**, of Tucson, Arizona, March 23, 1991.

**Frances Carlson Sproul, '25**, of Thousand Oaks, California, January 7, 1991.

**Ruth E. Flinn, '47**, of Chicago, Illinois, June 3, 1991.

**Vivian R. Tanner Munro, '47**, of Chicago, Illinois, February 10, 1991.

**Rita Smithberger Thomason, '51**, of Indianapolis, Indiana, in February, 1991.

**Frances Valdez Mac Nerland, '52**, of Indian Head Park, Illinois, in August, 1991.

**Mildred Stoddard Larson, '53**, of East Lansing, Michigan, October 23, 1990.

### Presbyterian-St. Luke's

**Lynn Schuster Gatlin, '64**, of Franklin, Wisconsin, in October, 1989.

### Rush

**Mary Oakley, '82**, of Evanston, Illinois, in November, 1991.

**Rosita J. Overton, '86**, of Chicago, Illinois, died July 18, 1991.



## Class Notes

### 1930

(St. Luke's) — **Florence L. Peters** retired after 30 years with the LA Visiting Nurses Association. Living in a retirement facility in Laguna Hills, California, Florence keeps in touch with her former roommate, **Lilah Quick Hill**, 1930.

### 1933B

(St. Luke's) — **Bertha Mahoney Seck** says she was sorry she couldn't attend the 1991 banquet, especially since she had such a wonderful time at the 50th anniversary celebration. Bertha and her husband recently moved to Wesley Palms, a retirement center in San Diego, California. She'd love to hear from her classmates!

### 1934

(St. Luke's) — Galesville, Wisconsin resident **Myrta Sutter Montgomery** writes that her sister, **Marie Sutter Utegaard**, a 1932 graduate of St. Luke's Hospital Training School, died in May, 1990 at the age of 80. "We both loved our years at St. Luke's and the good friends we met," says Myrta, who hopes to return to campus for her 60th reunion in 1994.

### 1938

(St. Luke's) — An active patient care volunteer for Hospice Care Inc., **Dorothy Priest Wallio** assists families grappling with terminal illness — much the same way members of the Largo, Florida group helped and supported her during her husband Ralph's illness. Ralph, who died of cancer in 1989, was able to stay at home because of hospice care.

### 1948

(St. Luke's) — **Jeanne Welker** and her husband, Bob, will celebrate their 40th wedding anniversary on November 24th. They have four children and three grandsons. Retired since 1986, Jeanne held part time and full time positions as an ob/gyn head nurse and manager of central supply at Hotel Dieu Hospital, New Orleans. Her hobbies include interior decorating and gardening.

### 1956B

(St. Luke's) — **Carol Zwick Tapley** was inducted into Sigma Theta Tau, the national honor society of nursing, Zeta Beta Chapter (Elmhurst College) on May 5, 1991.

(Presbyterian) — After 33 years in nursing at San Diego's Mercy Hospital, **Carol Wittensten Long** retired in 1988. "I'm enjoying my new husband and lots of freedom," she writes. "Fellow classmates look me up if you're in my area!"

## 1957

(St. Luke's) — In mid-May, **Marita D. Murray** celebrated her 25th anniversary at the Northern Trust Company, Chicago, Illinois. Currently the Health Services Manager, Marita oversees Wellness Programs, including quarterly blood drives, and breast cancer, cholesterol and hypertension screenings. She also is chairperson of Rush-Presbyterian's "Adopt-a-Patient" program.

## 1963

(Pres.-St. Luke's) — **Sue Ellen Turner**, an Air Force nurse for 26 years, was promoted to brigadier general of the Air Force Nursing Corps. She recently assumed her new post at Bolling AFB in Washington, D.C., serving as advisor to the Air Force surgeon general. Her duties include supervising day-to-day nursing operations for the Air Force and developing long-term policy. "When you look ahead into the '90s, there are so many issues in health care," Sue Ellen said. "We face the same ones in the military as our civilian counterparts. We have to find the best way to have the highest quality health care, and nursing is a major component."

## 1964

(Pres.-St. Luke's) — **Annette B. Haag**, of Simi Valley, California, was recently elected to a two-year term as president of the American Association of Occupational Health Nurses. A certified occupational health nurse, Annette recently launched her own business which provides health and safety consultation cost containment, wellness and stress management.

## 1965

(Pres.-St. Luke's) — Now living in Seattle, Washington, **Christine Beerman Riley** and her husband, Dr. John Riley, are busy raising five daughters. Christine, a flight attendant with Pan American airlines for 17 years, now works part time in her husband's office. She'd love to hear from classmates!

## 1966

(Pres.-St. Luke's) — "Too much to see and do," is how **Fran Vander Myde Cecil** described her 25th class reunion. Fran is a part-time nursing supervisor at the 547-bed Green Bay Hospital and full-time innkeeper. Her and her husband, Bill, own and operate the 1902 Scofield House, a Victorian bed and breakfast in Door County.

## 1980

(M.S.) — **Susan L. Dean-Barr** is chairman of the Rehabilitation Nursing Foundation and chairman of the American Nurses Association Committee on Nursing Practice Standards and Guidelines.

## 1984

(B.S.) — **Diana M. Holeman Dombrowski** recently earned an M.S. in medical-surgical nursing from St. Xavier College, Chicago, Illinois.

(M.S.) — **Pamela Steinbach** was recently appointed Director of Home Health Services for Community Nursing Service West. **Sheila Jacob** (B.S., 1985) was appointed Director of Quality Management and Education. Last year, CNS personnel made over 21,000 home visits to community residents in need of care.

## 1985

(M.S. and D.N.Sc. '88) — A clinical specialist in pain management, **Susan Wright** is on the nursing faculty at the University of Illinois-Urbana, and is currently conducting research on therapeutic touch and the meaning of chronic pain.

## 1988

(D.N.Sc.) — **Elizabeth Van Beek Carlson** welcomed a son — Alexander Scott (9 lbs, 4 ozs) — on April 5, 1990. Elizabeth also has two daughters, Ann Marie, 8, and Sarah, 5.

## 1989

(B.S.) — **Abbie L. Kleppa** completed nurse-midwifery training at Houston's Baylor College of Medicine, passed CNM boards and is currently working at Midland Memorial Hospital in Texas.

(M.S.) — A clinical nurse specialist in pediatrics at Christ Hospital and Medical Center, Oak Lawn, Illinois, **Betty Warmke** was selected the 1990 "Nurse of the Year" at Christ Hospital. She helps integrate pediatric services throughout the hospital. "I've always enjoyed working with children. I love kids," Betty says. "In fact, I'd like to put a sign on my door, 'I don't do adults.' Children bounce back so much faster than adults do and the smallest things make them happy."

## Tell My Classmates . . .

We're eager to hear about you! Please mail any "news" — personal and professional — to "**News and Views**" c/o the Nurses Alumni Association, Rush-Presbyterian-St. Luke's Medical Center, 1700 W. Van Buren, #250, Chicago, Illinois 60612, Attention: Barbara Harfmann, Class Notes Editor.

**Please print or write legibly!**

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☐ Presbyterian ☐ St. Luke's ☐ Pres.-St. Luke's ☐ Rush

Signature \_\_\_\_\_ Class of \_\_\_\_\_

Fall 1991



## Updates from the College of Nursing

Enrollment in the College of Nursing increased by seven percent between 1990 and 1991. The most notable increase has been in the Graduate Entry Level program, where the enrollment more than doubled during this period. This option enables individuals with non-nursing degrees to pursue graduate degrees in nursing. Since its establishment in 1988, 49 students from backgrounds as diverse as exercise physiology, accounting, and teaching have graduated through the Graduate Entry Level option.

Joyce Fitzpatrick, M.S., R.N., a clinical nurse specialist and College of Nursing faculty member, presented findings from a study, "Variables Influencing Nurses' Attitudes Toward AIDS Patients," at the 7th International Conference on AIDS. This conference, which is the largest in the AIDS field, was held in Florence, Italy.

Sharon Nighorn, M.S., R.N., was elected president of the INA Peer Assistance Network for Nurses Foundation. Sharon is a faculty member in the Department of Psychiatric Nursing. Faculty members **Barbara Conrad, Ph.D., R.N.** (Rush 81 and 83); **Debbie Gross, D.N.Sc., R.N.** (Rush 83); and Louis Fogg, Ph.D., presented "Maternal Confidence During Toddlerhood: Correlates and Implications," at the University of Washington, Seattle, in July, 1991.

**Judith Paice, M.S., R.N.** (Rush '82), oncology nursing, was chosen as the seventh recipient of the Oncology Nursing Society Schering Clinical Lectureship for her lecture "Unraveling the Mystery of Pain."

Maternal/child nursing faculty members Sarah J. Naber, Ph.D., R.N., and Lois K. Halstead, Ph.D., R.N., presented papers at the Qualitative Health Research Conference, University of Alberta, Edmonton, Alberta, Canada. Naber presented "A prospective, longitudinal study of

breastfeeding and working," and Halstead discussed "Infertility: The woman's experience."

Community health nursing students have been actively involved in the health affairs departments of two major corporations in the Loop. At the AT & T Health Affairs Office, students plan and conduct health education programs for the company's downtown employees. Additionally, in cooperation with the medical team at Continental Bank, the students run a Cardiovascular Risk Assessment Program which offers health assessments and cholesterol screenings to all employees. These unique and creative community nursing experiences allow students to look at nursing opportunities for the 90s and give corporations an opportunity to incorporate one of the many roles of nursing into meeting the health care needs of their employees.

The Washington Square Health Foundation has awarded two undergraduate scholarships to the College of Nursing for 1991-92. This Chicago based foundation supports medical research, services and education. The Scholars program supports outstanding students who intend to practice in the Chicago area.



*Luther Christman and the Luther Christman Clinical Nurse Excellence Award recipients (back row, left to right) Zyra Gordon-Smith, **Kim Roban** (Rush '84), Elizabeth Casseday; (front row) Dr. Christman, Cynthia Roebel, and Dorothy Herbert. Not pictured: **Barb Jankowicz** (Rush '89).*

### Rush Presbyterian St. Luke's Nurses Alumni Association

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